

20:20 Vision – Conferences

Keynotes and workshops

By Emma Gleadhill – Speaker, Trainer, Coach.



- **The emotional aspects of teaching and learning**
- **Social and emotional development, relationships, and wellbeing**
- **Empowering teachers to reflect and reframe relationships & conflicts in school life**
- **Empowering teachers to actively care for their mental health and wellbeing**

Keynotes

“A curious mindset – stepping into your emotional superpower” – Learn more about the power of curiosity and the part it can play in raising, educating, and leading people – young and old – into their full potential.

“Supporting teens through storm and conflict with friends and family.”

“Wellbeing and working with anxiety in high pressure jobs”

“The hour of the stranger” – the turbulent changes of the teenage years – and what professionals can do to help.

“Teaching with traction. The transformational power of connection in the relationships between teachers and their pupils.”

“An introduction to psychodynamic thinking. An empowering framework for experiencing school life and developing a reflective practice”.

Workshops

“Teaching and parenting for curiosity, creativity, and connection” – How we can hold onto and support these key traits in the relationships and routines we create with individuals and groups. Especially when under pressure.

“Self-management through conflict” – how to deal with conflict and misalignments with pupils, parents, and colleagues in emotionally healthy ways

“Conversations that matter” – The power and practice of connecting with disaffected and troubled pupils - to secure trust and engagement.

www.emmagleadhill.com

coachingandtraining@emmagleadhill.com